



The Healthy

Double cream coconut infused yogurt, granola, honey, nuts with fragrant seasonal fruit topped with mint. **R100**

Parfait with strawberry yogurt with seasonal berries coconut flakes, crushed almonds, and roasted granola **R100**

Poke bowl with carrot shavings, beans, quinoa, cucumber, red cabbage, fonio balls & coriander dressing. **R85** - Add tuna **R15**.

Flavorsome Omelet **R105**

with any of these three Topping options served with Grilled tomato and Potato hash brown

Onion, Mushroom, Ham Shavings, Crispy Bacon, or Melted Cheese

Benedict's Style **R100**

Two poached eggs on toasted bread topped with hollandaise sauce, Sautéed Spinach & with your choice of one of our Exquisite Sides

Avocado, Ham Shavings, Savory Mince, Crispy Bacon, Sauteed Mushroom or

Classic Breakfast

Served with your choice of brown or white Toasted bread.

Two Fried eggs, Crispy bacon, Grilled sausage, Sauteed mushroom & Herb Baked tomato. **R115**

Two eggs, Grilled asparagus or Sauteed spinach, spring onion, hummus, and smashed Avocados **R125**

Classic 2 scrambled eggs **R45**

Toasted Sandwiches served with Homemade Chips

Fresh Tomatoes & Melted Mozzarella **R75**

Traditional Chicken & Herb Mayo **R85**



Our Selection of Hot drinks

Americano R 25
Cappuccino R30
Latte R30
Caffe Mocha R40
Dirty Chai R30
Hot chocolate R45
Espresso Single R 25
Cartado R30
Flat white R30

Extra shot

Milk alternatives (oat milk or almond milk) R10
Selection of Teas R 30
Ceylon 5 roses, Green, Rooibos or Chamomile
Iced Latte R 40

Freshly squeezed fruit juices

Carrot R40
Carrot, orange & apple R50
Orange R40
Apple, cucumber, lemon, mint R45
Add Ginger R17
Still water R18
Sparkling water R18

Soft Drinks

Coke R22
Coke Zero R22
Fanta R22
Sprite R22
Creme Soda R22